SUNWAY
MEDICAL CENTRE
Sunway City Kuala Lumpur

HEALTH SCREENING PACKAGES

健康体检配套

FEMALE PACKAGES

	Classic All ages RM680	Essential All ages RM1,080	Vitality Female < 40 years old RM1,380	Executive Female > 40 years old RM1,780	Comprehensive Female > 40 years old RM2,580
Clinical Examination and Consultation by Health Screening Doctor 由健康体检医生执行临床检查及咨询	•	•	•	•	•
Vision Test 视力检查	•	•	•	•	•
Blood Investigation 血液检验					
Full Blood Count 全血球计数	•	•	•	•	•
Erythrocyte Sedimentation Rate (ESR) 红血球沉降率	•	•	•	•	•
Blood Grouping (ABO & Rh) 血型	•	•	•	•	•
Renal Profile 肾功能检查	•	•	•	•	•
Liver Function Test 肝功能测试	•	•	•	•	•
Lipid Profile 血脂分析	•	•	•	•	•
Glucose 血糖	•	•	•	•	•
HbA1c 糖化血红蛋白	•	•	•	•	•
Uric Acid 尿酸	•	•	•	•	•
Hepatitis A Antibody 甲型肝炎抗体		•	•	•	•
Hepatitis B Screening 乙型肝炎检验	•	•	•	•	•
Hepatitis C Antibody 丙型肝炎抗体		•	•	•	•
Free T3 游离型三碘甲状腺素		•	•	•	•
Free T4 游离甲状腺素	•	•	•	•	•
Thyroid Stimulating Hormone (TSH) 甲状腺刺激素	•	•	•	•	•
Rheumatoid Factor (RF) 类风湿因子		•	•	•	•
Vitamin D 维生素D					•
Urine FEME 尿液分析	•	•	•	•	•
Liquid-based Pap Test 子宫颈抹片			•	•	•
Resting ECG 静卧心电图	•	•	•	•	•
Spirometry 肺功能量计				•	•
Ankle Brachial Index (ABI) 踝肱指数					•
Chest X-ray胸腔X光	•	•	•	•	•
Ultrasound Abdomen & Pelvis 腹部及骨盆超音波		•	•	•	•
Ultrasound Breast and Axillary 乳房及腋窝超音波			•		•
3D Mammography 3维乳房摄影				•	•
Bone Densitometry Mineral (BMD) 骨矿物质密度检查					•
Eye Screening (Glaucoma) by Optometrist 青光眼筛检（由验光师筛检）				•	•
Diet Counselling by Dietician 饮食治疗师咨询		•			•
Refreshment Voucher 附送饮食餐券	•	•	•	•	•

MALE PACKAGES

	Classic All ages RM680	Essential All ages RM1,080	Comprehensive Male > 40 years old RM1,980
Clinical Examination and Consultation by Health Screening Doctor 由健康体检医生执行临床检查及咨询	•	•	•
Vision Test 视力检查	•	•	•
Blood Investigation 血液检验			
Full Blood Count 全血球计数	•	•	•
Erythrocyte Sedimentation Rate (ESR) 红血球沉降率	•	•	•
Blood Grouping (ABO & Rh) 血型	•	•	•
Renal Profile 肾功能检查	•	•	•
Liver Function Test 肝功能测试	•	•	•
Lipid Profile 血脂分析	•	•	•
Glucose 血糖	•	•	•
HbA1c 糖化血红蛋白	•	•	•
Uric Acid 尿酸	•	•	•
Hepatitis A Antibody 甲型肝炎抗体		•	•
Hepatitis B Screening 乙型肝炎检验	•	•	•
Hepatitis C Antibody 丙型肝炎抗体		•	•
Free T3 游离型三碘甲状腺素		•	•
Free T4 游离甲状腺素	•	•	•
Thyroid Stimulating Hormone (TSH) 甲状腺刺激素	•	•	•
Rheumatoid Factor (RF) 类风湿因子		•	•
Prostate Specific Antigen (PSA) 前列腺特异性抗原			•
Urine FEME 尿液分析	•	•	•
Resting ECG 静卧心电图	•	•	•
Spirometry 肺功能量计			•
Uroflowmetry and Residual Urine Volume (RUV) 尿流率及残余尿量测试			•
Ankle Brachial Index (ABI) 踝肱指数			•
Chest X-ray 胸腔X光	•	•	•
Ultrasound Abdomen & Pelvis 腹部及骨盆超音波		•	•
Eye Screening (Glaucoma) by Optometrist 青光眼筛检（由验光师筛检）			•
Diet Counselling by Dietician 饮食治疗师咨询		•	•
Refreshment Voucher 附送饮食餐券	•	•	•

SPECIALIST PACKAGES

	Wellness Premium	Premium Cardio	Premium Plus Cardio	Wellness Neuro > 50 years old
	RM1,280	RM1,980	RM2,680	RM3,180
Clinical Examination and Consultation by Consultant Physician 由专科医生执行临床检查及咨询	•			
Clinical Examination and Consultation by Cardiologist 由心脏专科医生执行临床检查及咨询		•	•	
Clinical Examination and Consultation by Neurologist 由脑神经内科专科医生执行临床检查及咨询				•
Vision Test 视力检查	•	•	•	•
Blood Investigation 血液检验				
Full Blood Count 全血球计数	•	•	•	•
Erythrocyte Sedimentation Rate (ESR) 红血球沉降率	•	•	•	•
Blood Grouping (ABO & Rh) 血型	•	•	•	•
Renal Profile 肾功能检查	•	•	•	•
Liver Function Test 肝功能测试	•	•	•	•
Lipid Profile 血脂分析	•	•	•	•
Glucose 血糖	•	•	•	•
HbA1c 糖化血红蛋白	•	•	•	•
Uric Acid 尿酸	•	•	•	•
Hepatitis B Screening 乙型肝炎检验	•	•	•	•
Hepatitis C Antibody 丙型肝炎抗体	•			
Free T3 游离型三碘甲状腺素	•	•	•	•
Free T4 游离甲状腺素	•	•	•	•
Thyroid Stimulating Hormone (TSH) 甲状腺刺激素	•	•	•	•
Hs-CRP 超敏C 反应蛋白		•	•	
Urine FEME 尿液分析	•	•	•	•
Resting ECG 静卧心电图	•	•	•	•
Spirometry 肺功能量计	•			
Stress Test (Treadmill) 跑步机负荷测试		•	•	
Echocardiogram 心脏超音波心动图		•	•	
Chest X-ray 胸腔X光	•	•	•	
Ultrasound Abdomen & Pelvis 腹部及骨盆超音波	•	•	•	
CT Coronary Artery Calcium Score 超高速CT冠状动脉钙化指数			•	
MRA Brain 脑血管磁振造影				•
Diet Counselling by Dietician 饮食治疗师咨询	•			
Refreshment Voucher 附送饮食餐券	•	•	•	•

BLOOD SCREENING PROFILE

- Full Blood Count 全血球计数
- Renal Profile 肾功能检查
- Liver Function Test 肝功能测试
- Lipid Profile 血脂分析
- Glucose 血糖
- Uric Acid 尿酸
- Hepatitis B Screening 乙型肝炎检验
- Urine FEME 尿液分析
- Consultation by Health Screening Doctor
  健康体检医生提供咨询

RM 250

individual
RM 299
couple
RM 550

PRE-MARITAL SCREENING

*no fasting is required 无需空腹

- Full Blood Count 全血球计数
- Peripheral Blood Film 外周血涂片
- Blood Grouping (ABO & Rh) 血型
- Syphilis 梅毒检验
- Hepatitis B Screening 乙型肝炎检验
- HIV 艾滋病病毒检验
- Consultation by Health Screening Doctor
  健康体检医生提供咨询

LOW DOSE CT SCAN FOR LUNG CANCER SCREENING PACKAGE

Recommended for aged 45-75 years old who are smokers and/or ex-smokers
适合45-75岁吸烟者或曾吸烟者

- Low Dose CT Scan without contrast
  低剂量电脑断层扫描（无显影剂）
- Consultation by Lung Specialist
  由肺部专科医生提供咨询

RM 690

PERSONALISED WELLNESS GENETIC SCREENING TEST

UNLOCK THE POWER OF YOUR DNA FOR BETTER HEALTH

PACKAGE 1

Personalised Wellness Genetic Test

Discover insights to optimise your health across key areas like personality, nutrition, fitness and sports, bone health, coronavirus risk assessment, allergies, weight management, immunity, drug response, and skin health.

RM1,260

PACKAGE 2

Personalised Wellness Genetic Test + Ancestry DNA Test

Includes everything in the PG Wellness Genetic Test, **PLUS**:

- **Ancestry Discovery**
  Trace your ethnic background and global lineage
- **Continental Admixture**
  See how your DNA maps across continents and regions

RM1,450

Terms and conditions

- Only applicable for individuals aged **18 and above**.
- The genetic test is only available at the Health Screening Centre at Tower A, Level 4, or Tower D, Level 8.
- The genetic test is only available by appointment.
- The package price includes a pre- and post-test counseling session with our genetic counsellor.
- The turnaround time is approximately **20 working days**.
- The genetic report is only available in softcopy.
- The package price and terms and conditions are subject to change without prior notice.

You must fast 1 hour before taking the test

For appointment or enquiries, contact:

+6019-384 1268

Operation Hours:

Monday – Friday	: 8.00 am - 5.00 pm
Saturday	: 8.00 am - 1.00 pm (By appointment only)
Sunday & Public Holidays	: Closed

PREPARATION FOR HEALTH SCREENING

Important Notes / Preparation Before the Appointment

1. Please fast for at least 8 - 10 hours before your appointment. You may drink plain water only.
2. Postpone any routine morning medications (except anti-hypertensive drugs) unless otherwise advised by your doctor.
3. For ladies undergoing a mammogram, avoid using deodorant or talcum powder.
   - Bring your previous mammogram films for comparison.
   - The Pap test is best done seven days after the last day of your menstruation.

Items to Bring:

1. Comfortable clothing and shoes for the Cardiac Stress Test (Treadmill).
2. Previous medical reports, if any, especially X-rays, MRI or CT Scan from your last check-up for comparison.
3. Spectacles (if applicable) for your vision test.

How Long Will the Screening Take?

The duration of each health screening package varies. On average, the entire process, including the medical examination by a doctor, will take between 4 - 6 hours, depending on the selected package.

*A complimentary refreshment voucher (for selected health screening packages) will be provided for your enjoyment and convenience.

健康体检前的准备工作

预约前注意事项 / 准备工作

1. 请在约定时间前的 8 至 10 个小时开始禁食。您仅可以饮用白开水。
2. 延后服用任何早上时段需服用的药物（除高血压药物以外），除了医生另行给予建议。
3. 欲进行乳房摄影术的女性须避免使用体香剂或爽身粉。
   - 进行乳房摄影术的女性须携带旧片以便进行对比用途。
   - 子宫颈抹片检查须在月经最后一天的七天后进行。

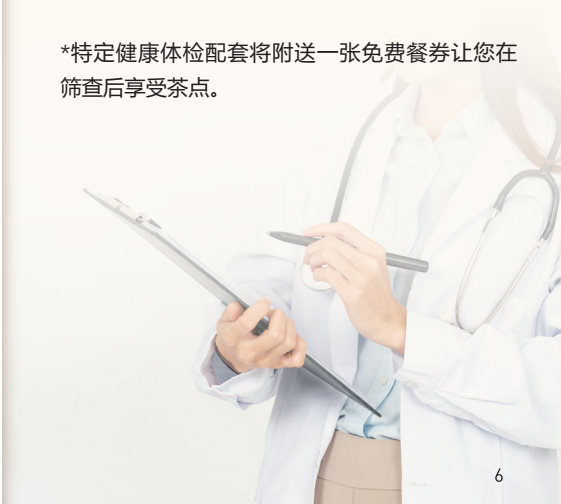
须携带的物件：

1. 舒适衣物及鞋子供跑步机负荷测试。
2. 旧医疗报告（若有），特别是您最后一次进行的筛查，其中包括X光片、磁共振成像或计算机断层（CT）扫描片，以便进行对比用途。
3. 请携带眼镜（若有）以供视力检查用途。

筛查需要多长时间?

每项健康体检配套的过程及所需时间各不相同。根据所选的健康体检配套，包括医生体检在内的整个健康检查过程平均需要 4 至 6 个小时。

*特定健康体检配套将附送一张免费餐券让您在筛查后享受茶点。



SCAN HERE
to download health screening packages brochure

For more information, please contact us at:

Wellness / Health Screening Centre
Tower A, Level 4 / Tower D, Level 8

+603-7491 1198 (Call or WhatsApp)
smcwc@sunway.com.my

Operation Hours

Monday - Friday: 8.00 am - 5.00 pm
Saturday: 8.00 am - 1.00 pm
Sunday & Public Holidays: Closed

SUNWAY
MEDICAL CENTRE
Sunway City Kuala Lumpur

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Bandar Sunway,
47500 Selangor Darul Ehsan,
Malaysia.

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Joint Commission International (US)
ACHS International — Australian Council on Healthcare Standards International
MSQH ACCREDITED HOSPITAL — Malaysian Society for Quality in Health
ESMO GOOD SCIENCE BETTER MEDICINE BEST PRACTICE — European Society for Medical Oncology
SIRIM ACB 001 — CERTIFIED TO ISO 45001:2018 CERT. NO.: OHS 00508
SIRIM IQNET — CERTIFIED TO ISO 45001:2018 CERT. NO.: MY • OHS 00508
RCPA The Royal College of Pathologists of Australia
CAP ACCREDITED COLLEGE of AMERICAN PATHOLOGISTS — Accreditation for Special Haematology Lab
STANDARDS MALAYSIA SAMM 306
WESTGARD RIGHT VP
RTAC REPRODUCTIVE TECHNOLOGY ACCREDITATION COMMITTEE